

FUN FOR ALL

November 2017 - April 2018



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:15 – 9:15am	Morning Stretching Free Meet at Fitness Centre	Sunrise Yoga* (Basic Motion) Free Meet at Beach Front	Body Weight Exercise Free Meet at Fitness centre	Yoga Introduction (Easy Posture) Free Meet at Fitness Centre	Pilates Introduction (Basic Posture) Free Meet at Fitness Centre	Yogilates Free Meet at Fitness Centre	Sunrise Yoga* (Basic Motion) Free Meet at Beach Front
<p>Every Monday & Friday Join us Running with GM at 07:00am (Meet at Lobby) 24 hours advance reservation* Every Wednesday Join us Beach Walk at 05:00pm (Meet at Beach Front)*24 hours advance reservation* For more information please contact Guest Activities Department Ext.3810,3811</p>							
10:00 – 11:00am	Fun with Basic Thai Boxing Free Meet at Fitness	Discovery Soi Dog* Foundation with Bike THB 300++ Meet at Lobby 24-hour advance Reservations are required	Card Game Competition Free Meet at Infinity Pool	Discovery Soi Dog* Foundation with Bike THB 300++ Meet at Lobby 24-hour advance Reservations are required	Hand Towel Folding Free Meet at Infinity Pool	Phuket Gate Way Tour* by Bike THB 300++ Meet at Lobby 24-hour advance Reservations are required	Basic Thai Language Free Meet at Infinity Pool
2:00 – 3:00pm	Fruits & Vegetable Carving THB850++ Meet at Infinity Pool 24-hour advance Reservations are required	Experience Private Thai Boxing Class THB800++ Meet at Fitness Centre 24-hour advance Reservations are required.	T-Shirt Batik Painting** THB450++ Meet at Infinity Pool 24-hour advance Reservations are required	Fruits & Vegetable Carving THB850++ Meet at Infinity Pool 24-hour advance Reservations are required	Yoga Private Lesson THB800++ Meet at Infinity Pool 24-hour advance Reservations are required	Experience Private Thai Boxing Class THB800++ Meet at Fitness Centre 24-hour advance Reservations are required.	Sarong Batik Painting** THB700++ Meet at Infinity Pool 24-hour advance Reservations are require
3:00 – 4:00pm	Beach Volleyball* Free Meet at Beach Front	Beach Soccer* Free Meet at Beach Front	Beach Volleyball* Free Meet at Beach Front	Enjoy with Games Competition Free Meet at Infinity Pool	Beach Volleyball* Free Meet at Beach Front	Water Polo* Free Meet at Infinity Pool	Beach Soccer* Free Meet at Beach Front
4:00 – 6:00pm	Thai Local Market Tour with bicycle* THB 300++ Meet at Lobby 24-hour advance Reservation are require	Holiday Inn Discovery Bike Tour* THB 300++ Meet at Lobby 24-hour advance Reservation are require	Holiday Inn Discovery Bike Tour* THB 300++ Meet at Lobby 24-hour advance Reservation are require	Thai Local Market Tour With Bicycle* THB 300++ Meet at Lobby 24-hour advance Reservation are require	Holiday Inn Discovery Bike Tour* THB 300++ Meet at Lobby 24-hour advance Reservation are require	Holiday Inn Discovery Bike Tour* THB 300++ Meet at Lobby 24-hour advance Reservation are require	Holiday Inn Discovery Bike Tour* THB 300++ Meet at Lobby 24-hour advance Reservation are require
9:00am – 5:00pm	Enjoy with Non motorized Water Sports activities such as Sea Kayaks, Paddle Board and Body Boards. Learn Technique how to use the water sport.						
<p>HOLIDAY INN MOVIE NIGHT** Every Tuesday, Thursday and Saturday 07.00pm – 09.30pm (Complimentary Popcorn) @ Resort Garden</p>							

REMARK:

- The above prices are in Thai Baht and subject to 10% service charge and 7% VAT.
- Discovery Bike Tour requires maximum 5 persons per trip.
- Experience Private Thai Boxing Class requires maximum 1 person or 1 family per class.
- * Activities are not available on rainy days.
- ** In case of rain, activities will be moved to Lobby area.
- Activities in Bold .Please advance reservations are required to avoid any disappointment. Please contact Pool station or dial 3811.
- The Batik Painting will be ready for collection 24 hrs. after the painting completion.
- Any cancelation chargeable activities must be 3 hrs. in advance. Late cancel will be charge 50% of the cost.



Visit: phuketmaikhaobeach.holidayinnresorts.com
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**Kids stay & eat
FREE**